



**PRINCIPAL'S AWARD**  
Term 1 Week 6&7  
2023 goes to  
**BROOKLYN DELANEY**



## Message from the Principal

**Week 8 is upon us and our attitude towards learning continues to be FANTASTIC!**

**Dungog Public School** is participating in the 'Share our Space' program over the April holidays again. Our playground (Horse Paddock) will be open for our community to use.

During Term 2, students in Years 4 to 6 will be participating in the 'Tell Them from Me Survey'. The purpose of the survey for students is to measure student engagement and wellbeing which will provide data for our school to identify strengths and areas for improvement. An information note will go home at the end of the Term.

**NAPLAN Online** (National Assessment Program - Literacy & Numeracy) will be held over two weeks (Wednesday 15th March to Monday 27th March) for all students in Year 3 and Year 5. We know all our students will try their best.

**Good Luck** to Tamryn who is competing at the Regional Swimming Carnival tomorrow.

**Don't forget** to get your bike out this week to check your tyres so it is ready for **Ride 2 School Day** on Friday 24th March. We would love to see some parents/carers and community members riding their bikes too!

**Our Easter Hat Parade** this year will be held on Friday 6th April starting at 2.00pm. Students will be making their Easter Hat at school in their classes.

**DPS likes hearing** all about our students' achievements outside of school. Please send photos and information about the achievement to the school email and we will share the news on Facebook.

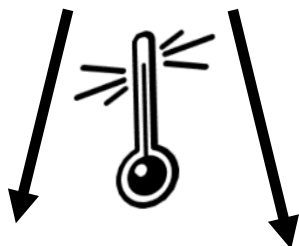
**Harmony Day** is Tuesday 21st March, students and staff will work together and celebrate Australia's cultural diversity. Harmony Day is about inclusiveness, respect and a sense of belonging for everyone. Students are encouraged to wear orange.

Ms Kylie Pennell

## Dungog Public School Calendar of Events

- ❖ Breakfast Club next 2 dates - Tuesday 14th March & Tuesday 21st March.
- ❖ Meals on Wheels - Wednesday 15th March.
- ❖ Online NAPLAN Tests window - Wednesday 15th March to Monday 27th March.
- ❖ Harmony Day - 21st March.
- ❖ NRL Year 1 & Year 2 League Tag Day - Tuesday 21st March.
- ❖ Next Whole School Assembly - Thursday 23rd March.
- ❖ Ride 2 School Day - Friday 24th March.
- ❖ Earth Hour - Friday 24th March.
- ❖ Next Monday Morning PBL Assembly - Monday 27th March.
- ❖ The BIG Veggie Crunch - Thursday 30th March.
- ❖ P&C Canteen Special Day - Thursday 30th March.
- ❖ LMG Cultural Day - Tuesday 4th April.
- ❖ School ANZAC Service - Thursday 6th April at 12.00pm.
- ❖ Easter Egg Hunt - Thursday 6th April.
- ❖ Easter Hat Parade - Thursday 6th April.
- ❖ Last Day of Term 1 - Thursday 6th April.
- ❖ Local ANZAC March & Service - Tuesday 25th April.
- ❖ Students Return to School for Term 2 - Wednesday 26th April.
- ❖ School Cross Country - Thursday 4th May.

## 2023 ATTENDANCE TARGET



TERM 1  
WEEK  
6 & 7  
ACTUAL

**91%**

OUR  
WEEKLY  
GOAL

**93%**

### Dungog Public School

9 Chapman Street | P.O. Box 120 Dungog NSW 2420

Phone: (02) 4992 1384

Fax: (02) 4992 3150

Email: [dungog-p.school@det.nsw.edu.au](mailto:dungog-p.school@det.nsw.edu.au)



# Early Stage One & Stage One News



## Kindergarten- KM

Welcome to Week 8! Only four more weeks and we have already completed one term of Kindergarten! KM are working hard focusing on their phonics skills and we are doing so well at decoding new words. This week in Maths we are learning all about Subtraction. KM have been creating some amazing artworks based on Primary and Secondary colours, this week we are focusing on warm and cool colours. It's great to see homework folders being returned consistently every Friday! Have a super week!

## Stage One- 10

IO have had a busy fortnight with Addition and Subtraction problems and examining number patterns. We have been learning to blend sounds with speed and accuracy and have completed a piece of Mondrian inspired art in Primary colours. Well done to those students who are reading each night. Don't forget to record it on your home reading record. Have a wonderful week.

## Stage One- 1G

1G have been busy writing Information Reports on different animals. So far, we have written about rainbow lorikeets, rabbits, and kangaroos. Ask your child what they are writing about this week!  
In Science, we have been learning all about living things including features of plants and animals. Have another top week full of learning! 😊

## Release from Face to Face

We have been learning all about patterns while using shapes, beads and numbers. Early Stage One and Stage One have gotten really clever showing us where patterns are and how to make them. In Stage Three, we have been talking about emotions and the effect emotions can have. They had lots of fun acting out different scenarios in groups and guessing which emotions their friends were portraying.

# Messages

- **School hats** – All students are expected to wear a school hat at school. Please ensure your child/children are bringing a school hat to school everyday.
- **Fortnightly Monday PBL Assemblies** – are held even weeks and start at 9.10am. Parents/carers and community members are welcome to attend.
- **Water bottles** - As the weather is quite warm, please ensure your child/children are bringing a water bottle to school every day.
- **Website** – Dungog Public School has an active website that provides up to date information. Check it out!
- **Parents/carers are reminded that our school hours** - are 8.40am to 3.10pm. Teachers are not on duty until 8.40am each morning. Please ensure your child/children are not at school earlier than 8.40am as they will not be supervised.
- **Attendance Text Messaging system** – we are continuing our text messaging system. Text Messages will be sent out daily from approximately 10.00am. It is a simple procedure to allow parents/carers to simply text back a reason why their child is away from school. The return text message only needs to provide a brief reason as to why the child was away on that day. E.g – Doctor's appointment, sick, holiday, fun.



# Support Classes News

## Dhurrumiri Room

Welcome to Week 8! This term sure is going fast! We have been very busy learning about lots of different things in Dhurrumiri Room. In Science, we have been learning about living things and the different features of plants. We have just planted some sunflower seeds and can't wait to see them bloom!. We hope you have a great week.

## Barrangga Room

What an exciting fortnight we have had in Barrangga classroom! We have just started our new integrated unit on Vikings. Students have been learning how Vikings lived in longhouses and have been designing their own dream longhouses. We have loved looking at different pictures and videos and can't wait to learn even more about the world of the Vikings. Hope everyone has a great week!



# Clean Up Schools Day





## Stage Two News

### Stage Two- 2C

2C has had a great time in Art using different mediums such as wax crayons and water colour to create an abstract artwork. We had a great time using different techniques with the water colour paints to create flicks, splatters and drops! We had just as much fun cleaning the tables and ourselves afterwards. We can't wait to display our artwork around our classroom.

### Stage Two- 2V

2V English have been busy adding detail and description in their writing to make their stories interesting. In Mathematics we have started exploring Multiplication and strategies to help us learn our times tables. In Art we have been busy creating abstract artwork and they look amazing. A reminder to keep reading for the Premier's Reading Challenge. Have a super week!

### Stage Two- 2/3S

We have been creating artworks inspired by the First Nations People and looking specifically at water life. Our artworks tell a story through symbols and they are looking AMAZING! We have been learning all about the local Aboriginal People in History and this is helping us to create our artworks. Have a lovely week.

## Stage Three News



### Stage Three- 3P

3P produced fantastic artworks last week. They used elements of line and colour to create backgrounds for their portraits. The artworks have made our classroom bright and colourful. In English and Maths we have looked at our individual learning goals that students wish to achieve this term. In Maths we are focusing on Multiplication and Division and in English we are focusing on using imagery in our imaginative writing.

### Stage Three- 3J

It's so good to be back! Last week in English we started writing new and exciting stories and focusing on our detailed language. In Maths we are developing our Multiplication and Division skills. In PDHPE we have been learning all about friendships and how they can change over time. Have a wonderful week. 4 weeks until Easter.

### Stage Three- 3L

Wow before we know it, it will be school holidays!! I am sure the years are going quicker. The class of 3L have been busy writing imaginative stories with sizzling starts and exciting endings. In Maths we have been learning to apply different methods to add and subtract. In our History unit we have been learning about the first colonies in NSW and Van Dieman's Land, lucky we were not alive back then!!

## PBL Awards

- KM – Gus Lovegrove
- 1O – Maxine Hopson
- 1G – Lacey O'Neill
- Barrangga – Nick Henry
- 2C – Oscar Darr
- 2/3S – Darcy Morgan
- 2V – Declan Grout
- 3P – Dylan Vellenga
- 3J – Harper Grout
- 3L – Jack Rumbel
- RFF – Liyana Black



### Library/STEM with Miss Donnelly

Reading to your child has a profound impact on their vocabulary – just 20 minutes of reading a day exposes them to about 1.8 million words per year.

The Premier's Reading Challenge is a great way to read with your child. It has now started so ensure that you are logging all the books that you are reading, whether at home or in class with your teachers. Don't forget to change your library books when you go to the library with your class for your allocated time so that you always have a book ready to go.

### Breakfast Club – Every Tuesday

Join us for Breakfast Club on Tuesday mornings, enjoy cereal, toast and up & go's. Thanks to Dungog Bakery and Foodbank



### Chaplain News - 1 in 4 young people have experienced bullying in the last 12 months. If you're experiencing BULLYING, you're not alone. [LEARN STRATEGIES TO HELP...](#)

**What does bullying look like?** Bullying happens when a person or a group of people repeatedly and intentionally use words or actions to cause distress and harm to another person's wellbeing. It can happen anywhere: at home, online social spaces, such as text messages, emails, or posts on Instagram, Facebook or another social media site or in schools. It can be physical, verbal and/or emotional.

**What can help?** Talking to a trusted adult about what you are going through can really help eg parents, teacher, well-being support – Philippa, Doing things you enjoy eg. Listening to music, reading books, watching youtube, Sports, going jogging and playing soccer, practise mindfulness and meditation, Walking home from school.

**For support for your child,** you can contact the school on 02 4992 1384 about speaking with the school well-being support chaplain, Philippa 😊



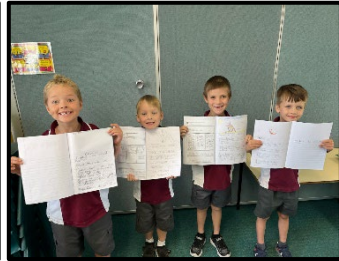
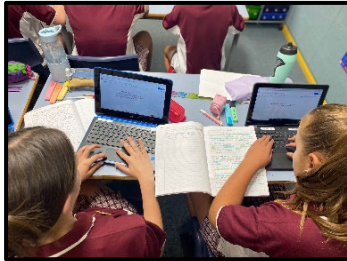
## Positive Behaviour for Learning

Responsibility - Skills for Learning: Self-Talk/Communication

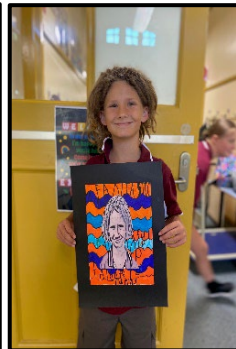
## 2023 Library Monitors

Claire Dobbie  
Harper Grout  
Makayla Nak  
Miah Shepherd

## Around the School



Fortnightly Caught  
Being  
Good Awards  
Emerson Turner  
&  
Bonny Hynes



## CLASS SAMPLES WITH 2V & MRS MIDDLEBROOK



2V have  
been  
working on  
their  
comprehension  
skills using  
various  
strategies  
and  
techniques.



# P & C Notice Board



Canteen is now open on Monday Wednesday & Friday. Do you have a few free hours... come along and help for the day or help in the morning doing some lunch prep (9am - 11am). Flexible rosters available.

Contact details:

P&C general Info - Philippa 0448921331 [philippahudson5@gmail.com](mailto:philippahudson5@gmail.com)

Uniform shop - Jess (0438 828589)

Canteen - Amy (0475 279465) or Kim (0423 346049)

Dungog Public School P&C ...

Election Day

## Egg & Bacon Rolls

Saturday, 25th March

From 8am

at Dungog Public School

Cash & Eftpos available



**Egg & Bacon rolls \$3.50**

**Or Egg & Bacon roll + cold drink \$5**

**Cake Stall, tea/coffee & cold drinks available...**



Dungog P&C are once again holding our annual Easter Raffle. Last year we had well over 100 prizes. Prizes are made up by school community donations. Please donate to the school office.

Raffle ticket books (5 tickets/book) have been sent home (more tickets available from the school office)

Tickets \$1 each

Raffle prizes drawn after Easter hat parade, Thursday 6th April.



The P&C Easter Raffle is coming soon, we are seeking donations from families for prizes for the raffle, these can be eggs, vouchers, baskets anything you can will be much appreciated.





# Community Notice Board



## Become a Warrior in 2023 and kick off with us in April

# FOOTY IS BACK!



Registrations for Dungog Warriors Junior Rugby League are now open!

U5-U12 \$100

U13- U17 \$120

(NSW Active Kids Vouchers accepted)

For more information email us at [dungogwarriorsjrl@outlook.com](mailto:dungogwarriorsjrl@outlook.com) or

Club Registrar:

Matt Broadbent [dungogregistrar@outlook.com](mailto:dungogregistrar@outlook.com) 0428 844 093  
follow us on Facebook: Dungog Junior Rugby League Inc.



Join us for Before & After School Care at Joey's Preschool & Early Learning Centre



Operating Monday to Friday during School Terms

Open 6:30am - 6:30pm

Private bus for transportation

Breakfast, Afternoon Tea & Supper supplied

Leisure based program follows Children's interests and ideas

Contact the service now on 4992 3955 or email [dungog@joeyspreschool.com.au](mailto:dungog@joeyspreschool.com.au)



PORT STEPHENS AFL CLUB

# REGISTER NOW!



### JUNIORS

- Auskick
- Under 9s
- Under 11s
- Under 13s
- Under 15s
- Under 17s

### SENIOR WOMEN

### ABOUT US

Located at Ferodale Sports Complex  
Medowie NSW  
Training usually Tues or Wed  
Game day is Sunday  
Great family environment!



CONTACT US  
[footy@portstephensafc.a](mailto:footy@portstephensafc.a)

# Vacation Care Dungog

Opening School Holidays April 2023



Call now on 49923955 or email [dungog@joeyspreschool.com.au](mailto:dungog@joeyspreschool.com.au) to enquire!



dungogpublicschool@pandcaffiliate.org.au

## DUNGOG PUBLIC SCHOOL P&C UNIFORM ORDER FORM

Student Name \_\_\_\_\_ Class: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Parents Name: \_\_\_\_\_ Email: \_\_\_\_\_

**PLEASE pay using online banking and Email this order form to [dungogpublicschoolpc@gmail.com](mailto:dungogpublicschoolpc@gmail.com)**

**All orders need to be received and paid for by Tuesday evening to be filled that week.**

**Direct Debit Details: [Uniform shop returns – 30 days returns - must have tags + proof of purchase](#) [Faulty item - 90 days](#)**

Please write **child's last name and initial** in the reference section

Dungog Public School Parents and Citizens Association inc

BSB: 646000

Receipt Number: \_\_\_\_\_

ACC: 100085742

Please write **child's last name and initial** in the reference section

ITEMS	DESCRIPTION & SIZES	PRICE	SIZE	QTY	TOTAL PRICE
Polo shirt	Maroon & white polo 4-16 (even sizes only)	\$24			
	Maroon & white polo S-2XL	\$28			
Dress	Maroon & white tartan 4-18 (even sizes only)	\$58			
Skort	Maroon & white tartan 4-18 (even sizes only)	\$32			
Skort	Plain grey 2-18 (even sizes only)	\$21			
	Plain grey 18-22	\$24			
Boys shorts	Grey shorts 4-16 (even sizes only)	\$19			
	Grey shorts S-2XL	\$19			
Boys long pants	Grey long pants 4-16 (even sizes only)	\$21			
Girls long pants	Grey long pants 4-16 (even sizes only)	\$23			
Fleece Jumper	Maroon v-neck jumper 4-16 (even sizes only)	\$17			
	Maroon V-neck jumper S-3XL	\$23			
Tights	Maroon tights - all sizes	\$11			
Tights	Grey tights—all sizes	\$11			
Hat	Maroon wide brimmed with gold Emblem—all sizes	\$14			
Hat	Maroon bucket hat with gold emblem—all	\$10			
Microfibre jacket	Microfibre maroon, grey & white jacket 4-16 (even sizes only)	\$39			
	S- 3XL	\$45			
Scrunchie	Friday	\$3.50			
Sports shorts (maroon)	Worn Friday only 4—16	\$14			
	S—2XL	\$16			
Sports skorts (maroon)	Maroon skorts Worn Friday only sz 4—16	\$19			
Sports fleece trackpants	Maroon track pants—Friday only 4-16	\$19			
Sports microfibre trackpants	Maroon trackpants - Friday only 4-16	\$25			
	Maroon track pants S-3XL	\$27			
Socks	White or grey—all sizes	\$4 each or 5 for \$17			
Winter jacket	Fleece Jacket 4-16	\$39			
	Fleece jacket S-3XL	\$44			
Sports polo	Friday only 4-16	\$33			
Sports cap	Maroon hat—one size	\$20			
TOTAL					

Email form to: [dungogpublicschoolpc@gmail.com](mailto:dungogpublicschoolpc@gmail.com)



# D P S C A N T E E N M E N U

Sandwiches	Food Every Day	Snacks
Bread available: multigrain, white gluten free	<b>Toasted Sandwiches</b>	<b>Fruit &amp; Veg</b>
Additional: Roll \$1.00	Ham & cheese \$3.50	Piece of fruit \$1.00
Wrap \$1.00	Ham, cheese & tomato \$4.00	Cup of chopped fruit \$0.50
Toasted \$0.50	<b>Salad Box</b>	Cup of veg. Sticks \$1.00
Vegemite \$2.00	Lettuce, tomato, cucumber, carrot, cheese \$4.00	(Carrot, cucumber, celery) Plus dip \$1.50
Jam \$2.00	Additional: egg, ham or chicken \$0.50	Frozen pineapple rings (2 rings) \$1.00
Cheese \$3.00	<b>Hot Food</b>	Yoghurt strawberry, vanilla \$1.00
Salad \$3.50	Spaghetti Bolognese* \$4.50	Twisted frozen yoghurt Strawberry & vanilla bean \$2.00
Meat* & cheese \$3.00	Chicken curry* \$4.50	<b>Sweet</b>
Egg \$3.00	Mac & Cheese \$4.00	Jellies \$0.50
Egg & lettuce \$3.00	Corn Cob \$0.50	Mousse chocolate \$0.50
Meat* & salad \$3.50	Chicken burgers inc. lettuce & mayo bun/wrap \$4.50	Ice cream bucket - Vanilla \$1.50
Raisin toast \$1.00	Chicken Burger Full Salad bun/wrap \$5.00	Juicies wildberry, tropical, \$1.50
Meat* (ham, chicken or tuna)	Beef Burger Tomato & Lettuce with Sauce \$4.50	Quelch (skinny iceblock) \$0.50
	Beef Burger with cheese \$4.00	Paddle Pop \$2.00
<b>\$ 5 Value Meal Deals</b>	<b>Pizza (all topped with cheese)</b> \$3.50	Custard Cups \$0.50
All meal deals listed on the back of menu	Ham, Cheese, Ham & pineapple	Moosies \$1.50
White lunch bags \$0.20	<b>Pizza Roundas</b> \$3.00	<b>Savoury</b>
	GF nuggets (6) \$3.00	Crackers & cheese \$1.00
	Chicken goujons (6) \$3.00	Chips Sea Salt \$1.50
	Tomato / BBQ sauce \$0.30	Grain Waves \$1.50
	<b>Friday Only</b>	Noodles \$1.00
	Party Sausage rolls \$1.50	Popcorn \$0.50
	Party pies \$2.00	<b>Drinks</b>
		Water \$1.00
		Milk Chocolate, strawberry \$2.00
		Juice Apple, Apple blackcurrant, orange \$2.00
		Hot Milo \$1.00



= Healthy



= Occasional



= Unhealthy



# D P S C A N T E E N M E N U

## \$5 Meal Deals

Please pick 1 item from each line

<b>Line 1</b>	Chicken Wrap	Pizza Rounda	Spaghetti Bolognese	Mac & Cheese	Pizza
<b>Line 2</b>	Chocolate Milk	Strawberry Milk	Orange Juice	Apple Blackcurrant Juice	Apple Juice
<b>Line 3</b>	Red/Green Jelly	Boiled Egg	Fruit Cup	Popcorn	Custard



# Size of the Problem

Remember the size of your reaction has to match the size of the problem!

How big do others see the problem?

How big should your reaction be?

Huge Problem



5

Big Problem



4

Medium Problem



3

Little Problem



2

Tiny Problem



1

# Circle of Control

What I can't control

What I can control

# \$500 towards you or your children's education



Saver Plus is a free financial education program that matches your savings, dollar for dollar, up to \$500

## What can the \$500 be used for?



Laptops & tablets



Lessons & activities



Uniforms & shoes



Books & supplies



Vocational education



Camps & excursions

## To join Saver Plus, you must meet all of the below criteria:

- Be 18 years or over
- Have a child at school or attend vocational education yourself
- Have regular income from paid employment (you or your partner)
- Have a current Health Care Card or Pensioner Concession Card
- Be in receipt of an eligible Commonwealth social security benefit, allowance or payment\*

\*Many Centrelink payments are eligible

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street and The Smith Family. The program is funded by ANZ and the Australian Government Department of Social Services.

### To find out more:

Enquire online at [saverplus.org.au](http://saverplus.org.au)  
Email [saverplus@bsl.org.au](mailto:saverplus@bsl.org.au)  
Call 1300 610 355

Delivered by:



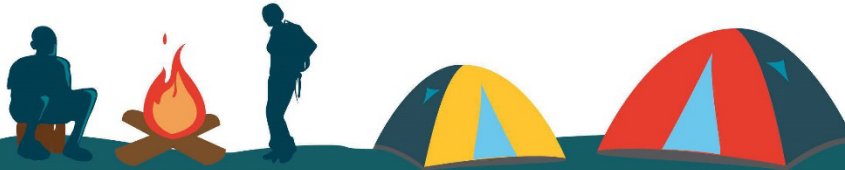
# Scouts is for everyone!

Scouting is a worldwide movement that has shaped the development of children and young adults for over 100 years. With over 18,000 youth and adult members from various cultural and religious backgrounds and with varying abilities, Scouts is one of the largest and most successful youth organisations in New South Wales!

Today's Scouts can take part in an extraordinary variety of outdoor activities, from 'traditional Scouting skills' such as camping and bush craft, through to more extreme challenges such as abseiling, overnight hiking, rafting, canyoning, rock climbing, sailing and even flying! Scouts also have the opportunity to become involved in performing arts, leadership development, community service, amateur radio operation, environmental projects and large-scale events.

[scoutreach.org.au](http://scoutreach.org.au)

To find your closest Hunter and Coastal Scout Group contact: **1300 858 464**



Joey Scouts (ages 5-8\*)

Cub Scouts (ages 8-11)

Scouts (ages 11-14)

Venturer Scouts (ages 14-17)

Rovers (ages 18-25)

Leaders (ages 18+)

\*A young person can join the Joey Section at any time after their 5th birthday provided they are attending school full time.



SCAN ME

## All you need to know about healthy lunches.

FIND OUT MORE



Cancer Council  
Healthy Lunch Box

## Good for kids good for life



### Tips to increase vegetables at school

Veggies are packed with vitamins, minerals and fibre to help with healthy growth and development, and to strengthen the body's immune system.

Here are our top tips to increase your child's love of veggies:

- **Involve your children** in lunchbox planning and preparation - Let children wash, peel and chop veggies
- **Add cooked veggies** to the lunchbox - plan to cook extra the night before or put leftovers to good use
- **Add raw veggies** as a snack - use bite size veggies or chop larger ones into pieces including cherry tomatoes, baby cucumber, snow peas, carrots, capsicum
- **Hide veggies** - Try including raw veggies first, but if your child refuses to eat them, then it's time to hide them.
- **Role modelling** - Include veggies in your own work lunchbox or let your child pack you a healthy lunchbox when they pack theirs.



Follow the link below for more tips and recipe ideas:

<https://www.swapit.net.au/resources/parent-resources/tips/tips-to-increase-vegetables/>



HNELHD-GoodForKids@health.nsw.gov.au  
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



## Nutrition Snippet

### HEALTHY GRAB-AND-GO SNACKS

Making homemade snacks can be cheaper, healthier and better for the environment, but sometimes you just need a **grab-and-go snack** that is not packed with sugar, salt and saturated fat.



Check out our top 8 grab-and-go healthy snacks at [www.healthylunchbox.com.au/blog/](http://www.healthylunchbox.com.au/blog/)

Cancer Council  
Healthy Lunch Box

# NATIONAL RIDE2SCHOOL DAY

**Friday 24 March 2023**

**Join in the celebration and ride, walk, skate or scoot to school on Ride2School Day**



 **RIDE2  
SCHOOL**  
ride2school.com.au



# HARMONY DAY

#EVERYONEBELONGS



# HARMONY DAY

**Tuesday 21st March**

Dungog Public School will be celebrating Harmony Day on Tuesday 21st March.

This years theme is 'Living in Harmony'  
Students and Staff will join together to celebrate differences and embrace new cultures.

Students are encouraged to wear **ORANGE** on this day.





# DUNGOG PUBLIC SCHOOL

## EASTER EGG HUNT

WHEN: THURSDAY 6TH APRIL 2023

WHERE: HORSE Paddock

TIME: 12.30PM START



## EASTER HAT PARADE

WHEN: THURSDAY 6TH APRIL 2023

WHERE: COLA

TIME: 2.00PM START



Students will be making their own hats at school.

Please come and join us for the parade and see all the wonderful hats.



The P&C raffle will be drawn at the end of the hat parade.